



Cykl Biegów Przełajowych o Puchar Dyrektora MOSiR



IV Wiosenny Cross - 10 km



MIEJSCE	NR	Imię	Nazwisko	Płeć	Płeć/ Miejsce	Rocznik	Drużyna/Klub	Lap1	Lap2	Lap3	Meta
1	102	Damian	Lemański	M	1	1990		00:09:42	00:19:46	00:30:07	00:40:14
2	123	Paweł	Meissner	M	2	1983	TIGERS TEAM	00:10:02	00:20:05	00:30:20	00:40:27
3	79	Michał	Trzcinka	M	3	1983	Super Team / PLAY dla Firm	00:10:02	00:20:08	00:30:29	00:40:51
4	55	Waldemar	Kowalski	M	4	1985	Leasing Polski Team	00:10:02	00:20:22	00:30:57	00:40:54
5	63	Jacek	TROCIŃSKI	M	5	1970		00:09:46	00:20:04	00:30:37	00:41:19
6	57	Łukasz	Janiszewski	M	6	1995	UMED Łódź	00:10:18	00:20:33	00:31:07	00:41:28
7	121	Łukasz	Hładuński	M	7	1975		00:10:19	00:20:50	00:31:30	00:41:55
8	26	Konrad	Adamczewski	M	8	1981	Orange Polska	00:10:20	00:20:46	00:31:34	00:42:09
9	131	Marcin	Pietrzak	M	9	1989		00:10:05	00:21:02	00:32:46	00:44:11
10	83	Michał	Szymański	M	10	1985		00:10:36	00:21:35	00:33:05	00:44:18
11	114	Angelika	Szczepaniak	F	1	1982	CERI/ Razem Trenujemy Sport	00:11:00	00:22:09	00:33:36	00:45:07
12	93	Sławek	Zawadzki	M	11	1979		00:11:14	00:22:37	00:34:07	00:45:14
13	34	Michał	Karwowski	M	12	1981	Epoka Nordica Łódź	00:11:24	00:22:46	00:34:24	00:45:49
14	41	Magdalena	Woźna	F	2	1984	Mocni w Duchu - Zabiegani	00:11:02	00:22:26	00:34:07	00:45:52
15	126	Robert	Wójcik	M	13	1973	Amator	00:12:13	00:24:06	00:35:33	00:46:09
16	108	Przemek	Stupnowicz	M	14	1995	Epoka Nordica Łódź	00:11:49	00:23:12	00:34:43	00:46:16
17	71	Jacek	Kalista	M	15	1979		00:11:33	00:23:27	00:35:26	00:46:51
18	116	Arkadiusz	Matusiak	M	16	1972		00:11:27	00:23:08	00:35:02	00:46:55
19	33	Marcin	Janiak	M	17	1986		00:11:15	00:23:12	00:35:18	00:47:14
20	137	Maciej	Ruta	M	18	1977		00:12:13	00:24:06	00:35:44	00:47:17
21	77	Sebastian	Czura	M	19	1987	SBRT_Moc_Energia_Endorfina	00:11:29	00:23:34	00:35:45	00:47:18
22	84	Damian	Nejmant	M	20	1989		00:12:03	00:23:59	00:35:49	00:47:19
23	58	JAROSŁAW	GÓŻAŃSKI	M	21	1968	Łódź Kocha Sport	00:11:15	00:23:12	00:35:36	00:47:41
24	5	Arkadiusz	Czyżniewski	M	22	1981		00:12:01	00:24:18	00:36:34	00:48:41
25	133	Witold	Sabanda	M	23	1973		00:12:37	00:24:46	00:37:15	00:49:16
26	56	mARCIN	Rojkowski	M	24	1976		00:12:23	00:24:51	00:37:31	00:49:56
27	129	Michał	Szczepaniak	M	25	1975		00:12:29	00:25:38	00:38:36	00:50:52
28	65	Jonatan	Królak	M	26	1993	B/S/H/ Łódź Running Team	00:11:33	00:24:00	00:37:38	00:51:14
29	78	Maciej	Michałowski	M	27	1983	ŁKW Łódź	00:12:21	00:25:15	00:38:33	00:51:19
30	14	Bartosz	Sobala	M	28	1992	Razem Trenujemy Sport	00:12:44	00:25:48	00:38:59	00:51:41
31	49	Justyna	Drozdek	F	3	1987		00:12:51	00:25:33	00:38:36	00:51:41

32	80	Adam	Bandel	M	29	1985		00:12:08	00:25:15	00:38:45	00:51:53
33	24	Zdzisław	Kozłowski	M	30	1975		00:12:42	00:25:41	00:38:55	00:52:00
34	18	Marcin	Słoka	M	31	1979	Łódź Kocha Sport	00:13:32	00:26:32	00:39:55	00:52:03
35	6	Przemek	Kozłowski	M	32	1983	Vera Running Team	00:13:21	00:26:37	00:39:41	00:52:09
36	37	Arkadiusz	Iskra	M	33	1977		00:12:37	00:25:37	00:39:00	00:52:11
37	2	Małgorzata	Zagdańska	F	4	1979		00:13:24	00:26:37	00:39:40	00:52:35
38	19	Andrzej	Spruch	M	34	1958		00:12:53	00:25:53	00:39:17	00:52:44
39	81	Artur	Biszuła	M	35	1997		00:11:33	00:25:28	00:39:34	00:53:18
40	132	Robert	Felcenloben	M	36	1979		00:13:03	00:26:14	00:39:43	00:53:30
41	103	Radosław	Kakowski	M	37	1972		00:13:29	00:26:58	00:40:34	00:54:21
42	117	Grzegorz	Pawelczyk	M	38	1973		00:13:26	00:26:54	00:40:47	00:54:32
43	12	Marta	Klimek	F	5	1992		00:12:42	00:25:59	00:40:17	00:54:35
44	95	Mariusz	Janicki	M	39	1983	Vera Running Team	00:14:25	00:28:29	00:42:08	00:55:33
45	120	Bartosz	Pusz	M	40	1985	Turbo Zajebiste Ziomki	00:14:03	00:28:19	00:41:56	00:55:34
46	99	Jacek	Ciešlik	M	41	1975		00:13:28	00:27:45	00:42:04	00:55:49
47	40	Cezary	Imiński	M	42	1968		00:13:51	00:27:34	00:41:42	00:55:56
48	54	Bartłomiej	Mendak	M	43	1988		00:12:36	00:27:42	00:42:33	00:56:14
49	67	Artur	Leszczyński	M	44	1983	TomTom Runners	00:13:30	00:27:26	00:41:55	00:56:24
50	17	Arkadiusz	Kocik	M	45	1968		00:14:38	00:28:57	00:43:05	00:56:28
51	52	Jerzy	Tylke	M	46	1963	OZO Ozorków	00:14:03	00:28:31	00:43:00	00:57:02
52	85	Bogumił	Baranowski	M	47	1960		00:13:26	00:28:16	00:42:58	00:57:24
53	118	Mariusz	Kwiatkowski	M	48	1963	Delia Cosmetics Team	00:14:15	00:28:43	00:43:34	00:58:07
54	9	Karol	Frickert	M	49	1991	RAZEM TRENUJEMY SPORT	00:15:06	00:29:46	00:44:40	00:59:06
55	94	Łukasz	Supel	M	50	1985	Turbo Zajebiste Ziomy	00:13:55	00:28:27	00:43:30	00:59:15
56	47	Anna	Kazanowska	F	6	1973	ARrun	00:14:18	00:29:15	00:44:16	00:59:36
57	50	Karol	Rzeźnicki	M	51	1966	UKS Praussa	00:14:21	00:29:10	00:44:18	01:00:02
58	107	Dariusz	Walak	M	52	1961		00:14:20	00:29:26	00:44:59	01:00:18
59	110	Małgorzata	Dybowska	F	7	1974		00:14:37	00:29:39	00:44:59	01:00:28
60	113	Krzysztof	Lewandowski	M	53	1977	AkademiaBiegacza.pl S.L. SALOS-WODNA Łódź	00:15:28	00:30:52	00:46:32	01:02:11
61	119	Natalia	Adamkiewicz	F	8	1989		00:15:28	00:30:52	00:46:35	01:02:12
62	124	KRZYSZYOF	KACZMARKIEWICZ	M	54	1961	DELIA COSMETICS TEAM	00:14:37	00:29:56	00:45:54	01:02:17
63	96	Andrzej	Janicki	M	55	1962		00:15:25	00:30:52	00:46:49	01:03:26
64	128	Adam	Wiśniewski	M	56	1978		00:14:27	00:29:54	00:46:24	01:03:40
65	68	Katarzyna	Ciesielska	F	9	1980		00:15:15	00:31:26	00:47:43	01:03:48
66	127	Zbigniew	Chmurski	M	57	1965		00:15:16	00:31:14	00:47:24	01:04:05
67	90	Artur	Dobiesz	M	58	1989	Bral	00:16:18	00:32:20	00:48:29	01:04:50
68	74	Tomasz	Witman	M	59	1964	RYSIOTEAM	00:16:24	00:32:46	00:48:49	01:05:18
69	109	Krzysztof	Bendinger	M	60	1978		00:14:44	00:31:08	00:48:27	01:05:45
70	76	Agnieszka	Gortat	F	10	1976		00:15:15	00:31:27	00:48:18	01:05:56
71	43	Krzysztof	CIEKAŃSKI	M	61	1974		00:15:01	00:31:14	00:48:26	01:06:26

72	115	Anna	Matusiak	F	11	1962		00:15:35	00:32:20	00:49:11	01:06:45
73	135	Szymon	Arabski	M	62	1963		00:15:24	00:32:07	00:49:07	01:06:49
74	106	Joanna	Jonczyk	F	12	1979		00:16:48	00:33:22	00:50:27	01:07:04
75	134	Piotr	Raszczyk	M	63	1953		00:15:59	00:32:38	00:49:52	01:07:45
76	130	Roman	Lemański	M	64	1961		00:15:27	00:32:48	00:50:49	01:09:34
77	51	Martyna	Błasiak	F	13	1994	SRTG-Łódź	00:17:19	00:35:46	00:54:07	01:10:58
78	30	Agata	Golnik	F	14	1977	Jacy Tacy Janowiacy	00:17:56	00:36:12	00:54:10	01:11:36
79	62	Kamila	Szulecka	F	15	1982	Razem Trenujemy Sport	00:17:56	00:36:12	00:54:09	01:11:36
80	73	Iwona	Witman	F	16	1965	RYSIOTEAM	00:17:29	00:35:56	00:55:06	01:13:57
DNF	136	Dominik	Kubiak	M	DNF	1983		00:10:26	DNF	DNF	DNF